

Tremora Clinician User Guide

Patient authorized movement data review on iPad

USER GUIDE

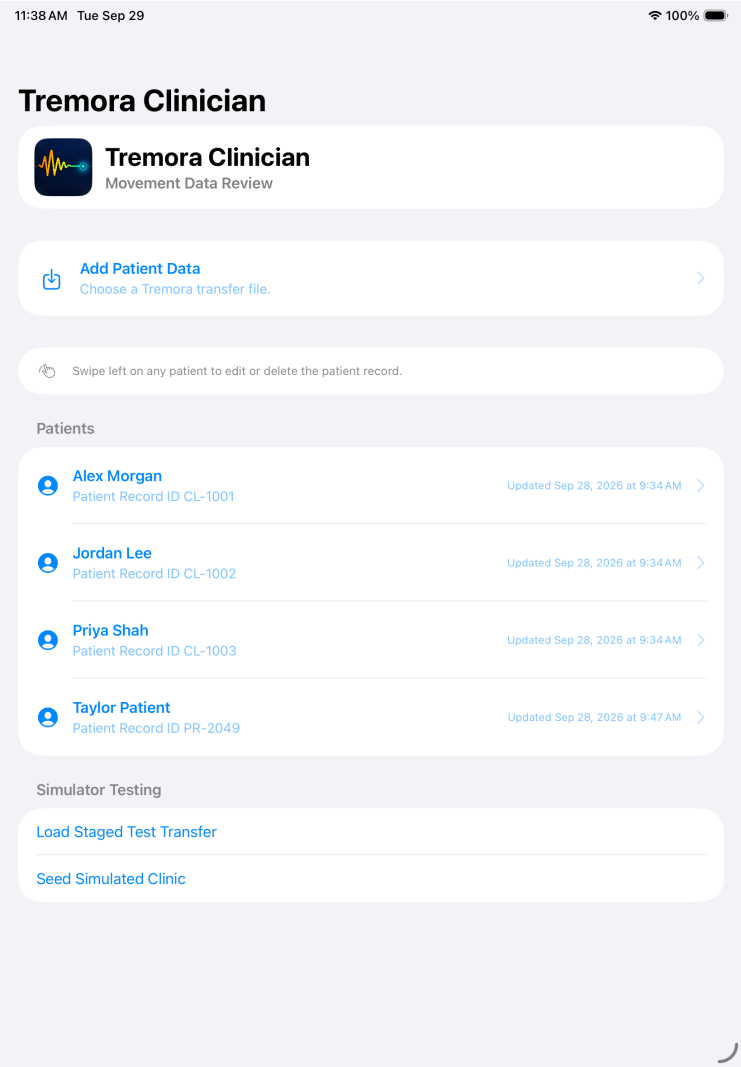
Version 0.1.0 · iPad

Tremora Clinician receives patient-authorized Tremora transfers and organizes them into separate local patient records. Select a patient before opening the Dashboard, Reports, or Settings. The selected patient name, Patient Record ID, and latest-data date remain visible while you review information or create an export.

> Important: Tremora Clinician supports review and discussion of available data. It does not diagnose a condition, determine causation, recommend treatment, or replace professional clinical judgment. Verify the selected patient before reviewing or exporting information.

1. Select a patient

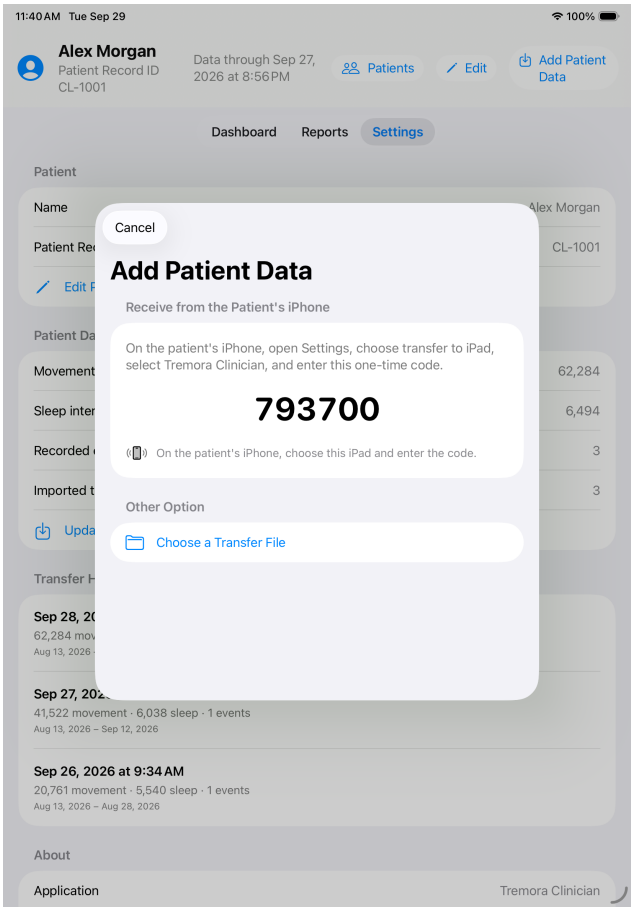
The opening screen is the patient list. Reporting features remain unavailable until you select an existing patient or receive data for a new patient.



- Tap a patient row to open that patient’s workspace.
- Check the displayed name and Patient Record ID before reviewing information.
- Swipe left on a patient row to reveal Edit and Delete.
- Deleting a patient permanently removes that local patient record and all of its imported snapshots from Tremora Clinician.

2. Add patient data

Tap Add Patient Data from the patient list or from an open patient workspace. The preferred method is a nearby transfer from the patient's iPhone. A transfer file can also be selected when one has been provided deliberately.



1. Prepare the iPad	Keep the Add Patient Data screen open. Tremora Clinician displays a temporary six-digit pairing code.
2. Start on iPhone	On the patient's iPhone, open Tremora Settings, choose transfer to iPad, and select Tremora Clinician.
3. Confirm the code	Enter the six-digit code shown on the clinician iPad. Keep both devices nearby until transfer completes.
4. Reconcile identity	Review the incoming patient identity. Assign a patient name and Patient Record ID for a new patient, or confirm the matching existing patient before adding the snapshot.

Patient identity and reconciliation

Each patient iPhone supplies a random, durable Tremora patient identifier in the transfer. The clinician-facing name and Patient Record ID are entered and maintained locally in Tremora Clinician; they are not copied back to the patient's phone.

Tremora patient identifier	Generated by the patient app and used internally to match later transfers to the same patient. It is not the clinic's chart number.
Patient name	Entered or confirmed in Tremora Clinician so staff can recognize the patient. Correct it with Edit when needed.
Patient Record ID	A clinic-assigned identifier for that patient, such as a chart or record number. It identifies the patient, not the clinic.
Snapshot identifier	Unique to one transfer. It prevents an exact resend from being imported twice and preserves transfer history.

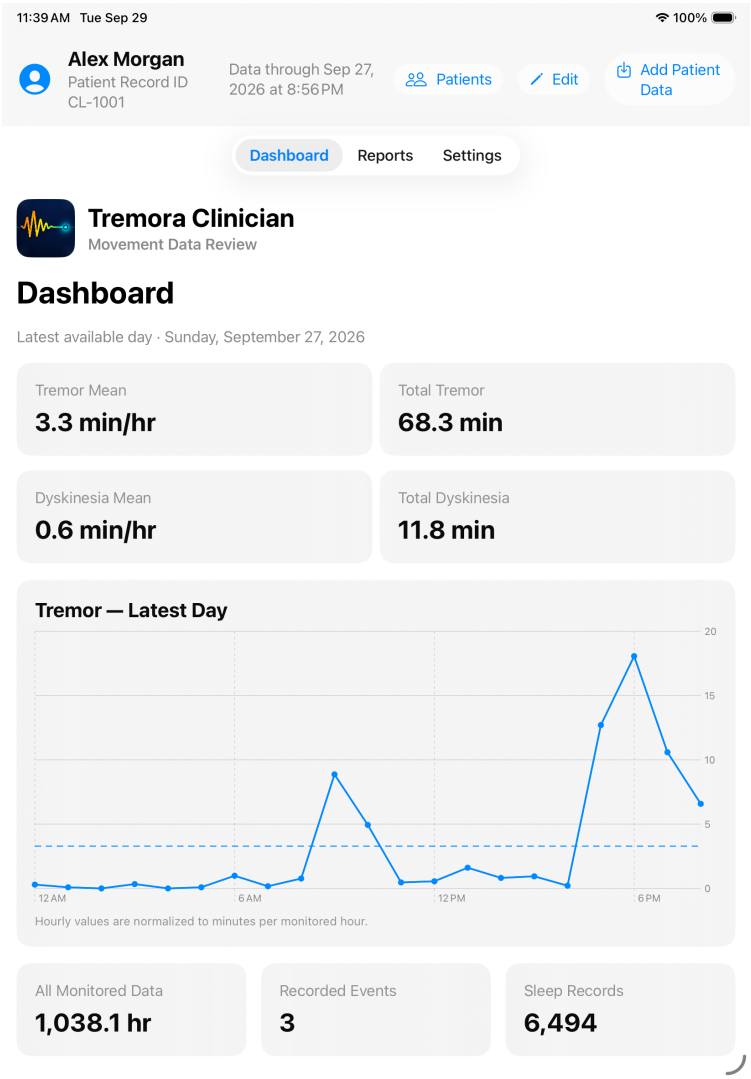
When data is received

A transfer that matches an existing Tremora patient identifier is offered for that existing patient. A transfer with a new identifier requires a new local patient record. Always verify the patient before saving. Do not attach an uncertain transfer merely because the name looks similar.

Overlapping transfers are retained as separate immutable snapshots in Transfer History. Tremora Clinician builds one deduplicated patient timeline for routine review, so repeated samples, sleep intervals, and events do not appear multiple times.

3. Review the patient dashboard

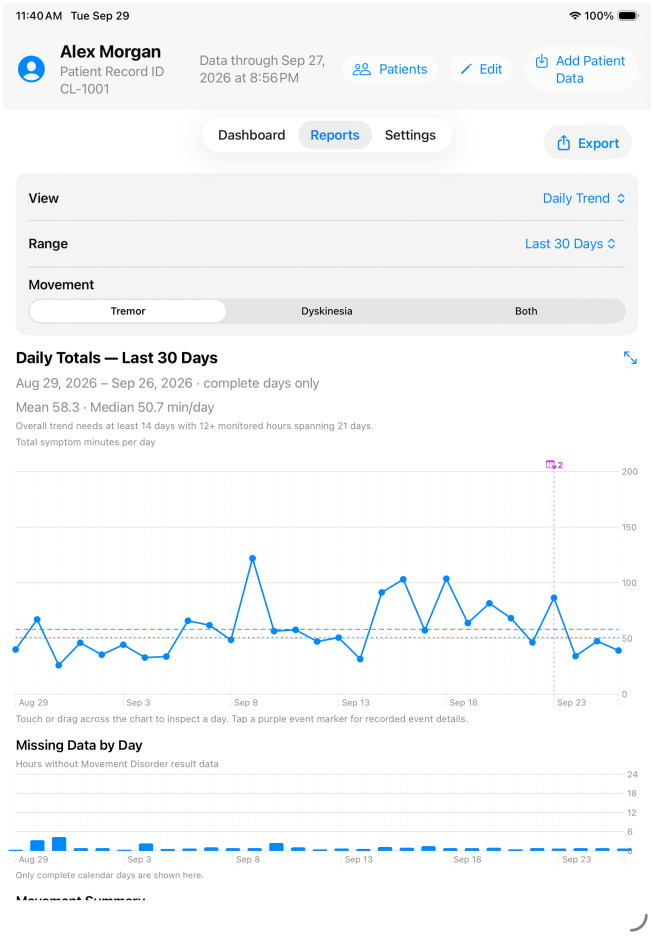
After selecting a patient, the dashboard opens with that patient's name, Patient Record ID, and latest-data date fixed in the header. The dashboard summarizes the latest available day and the complete merged patient timeline.



Latest day	The chart and movement totals use the most recent day available in the patient's imported data, not necessarily today.
Summary	Tremor and dyskinesia mean and total values summarize the latest available day. All Monitored Data, Recorded Events, and Sleep Records summarize the merged patient timeline.
Switch patient	Tap Patients to return to the list. Selecting another patient returns to the same workspace tab and preserves the report view and range where practical.

4. Explore reports

Reports reuse the Tremora patient reporting experience. Choose the report view, date range, and movement type. Daily views begin at the latest available patient-data date so imported historical data remains easy to inspect.



24-Hour Profile	Mean and median movement by clock hour across the selected range.
Daily Trend	Movement totals by complete calendar day, with overall direction when coverage requirements are met.
Daily 24-Hour View	Hourly measurements for one selected day, starting on the latest available date.
Time-of-Day Pattern	Typical higher and lower measurement periods across qualifying days.
Monthly Comparison	Recent calendar-month hourly patterns when sufficient data is available.

Movement, events, and sleep

Movement charts

Blue and green series identify the measurements and statistics shown in the legend. Gaps and sparse periods indicate unavailable information, not zero symptoms. Mean and median describe the available measurements and are not diagnoses.

Recorded events

Patient-recorded events arrive with the transfer and appear as purple markers and event lists where supported. They are read-only in Tremora Clinician. An event can add context but does not establish that it caused a movement change.

Sleep

Sleep information is optional and comes from patient-authorized transfers. Blue represents a recorded sleep interval; gray marks a short or incomplete record. Continuity is not an Apple sleep score or diagnosis.

Coverage

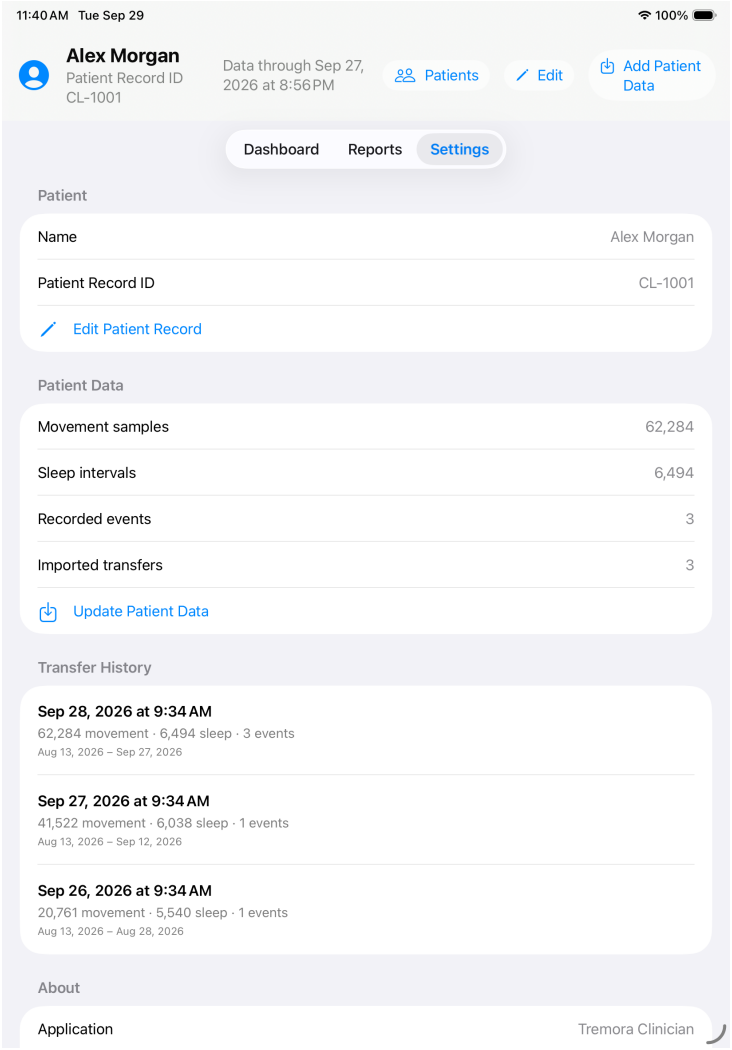
Review result coverage, monitored hours, missing-data charts, and complete-day rules before interpreting a change. Reports exclude incomplete boundary days where stated.

Use full-screen charts

Tap the expand control to inspect a report with more plotting space. Touch or drag across supported charts to inspect a day or hour. Full-screen and standard reports use the same patient timeline and current selection.

5. Manage the patient record

Settings shows local patient identity, merged data counts, and the immutable transfer history used to build the patient timeline.



Edit Patient Record	Correct the local patient name or Patient Record ID. This does not alter the internal Tremora patient identifier or patient data.
Update Patient Data	Receive another nearby transfer or select a transfer file for the currently reviewed patient. Confirm reconciliation before saving.
Transfer History	Shows each imported snapshot, its receipt date, record counts, and covered date range. Routine charts use the deduplicated merged timeline.
Delete	From the patient list, swipe left and choose Delete. This removes the local clinician record and every imported snapshot for that patient.

6. Export patient reports

On Reports, use Export Patient Reports beside the Dashboard, Reports, and Settings selector. Every clinician export includes the selected patient's name and Patient Record ID so the saved file retains clear patient context.

Appointment Report PDF	A multi-page packet for a clinical discussion, including movement charts, summaries, optional sleep, events, patient identity, and data-quality context.
PDF Report	A portable version of the selected report and date range with applicable event information.
Excel Workbook	Detailed movement tables and charts with separate sleep and event information for deeper review.
CSV Data	A broadly compatible data export for use in another approved program.
Chart JPG	A static image of the selected chart saved to Files or Photos. Tremora Clinician requests Photos access only when Save to Photos is chosen.

Before exporting

- Verify the patient name and Patient Record ID in the header.
- Choose the intended report type, movement, and date range.
- Review coverage, missing-data notes, events, and optional sleep information.
- Treat exported files as health-related information and store or send them only through appropriate channels.

7. Privacy, limitations, and support

Local storage

Tremora Clinician keeps its patient list, patient-assigned names and record IDs, imported transfer snapshots, and derived timelines locally on the clinician iPad. Patient data is not mixed with the Tremora patient app's store.

Operational safeguards

- Confirm patient identity before accepting every transfer.
- Keep the iPad protected with an appropriate device passcode and institutional controls.
- Review the selected patient header before interpreting or exporting information.
- Use Transfer History when investigating overlapping transfers or an unexpected date range.
- Remove a patient only when the local record and all imported snapshots should be permanently deleted.

Limitations

Tremora Clinician displays information collected and entered by the patient's Tremora app. Missing or delayed Apple Watch results, incomplete monitoring, absent sleep permission, and patient-entered event timing can affect what is available. The app does not verify event accuracy, medication adherence, or causation.

Support

Email: **support@calmseas.ca**
Include the iPad model, iPadOS version, Tremora Clinician version, what you expected, and what happened. Do not email patient exports unless you deliberately intend and are authorized to share them.

For urgent symptoms or immediate care decisions, use the appropriate clinical or emergency pathway rather than Tremora Clinician.